



SIES

College of Arts,
Science &
Commerce (Autonomous)

RISE WITH EDUCATION

NAAC REACCREDITED - 'A' GRADE

Value Lab

- A. Title of the Workshop/Activity:** Value Pe Charcha, based on the value of the month - Friendship
- B. Background:** First event of the academic year meant for team bonding, had very good ice breaking session and discussed role, responsibilities & portfolio for the whole year.
- C. Aims/Objectives:** The aim of Value Lab is to discuss values in a fun and engaging manner. This event involved Value Pe Charcha.
- D. Location:** Room no. 3, SIES College of Arts, Science and Commerce. Sion West.
- E. Target audience/participants with expected number:** Students from all courses (Number - 25)
- F. Date of the activity:** 30th August, 2022
- G. Name of Resource Persons:** NA
- H. Outcome/Feedback:** 17 student participants and 8 Value Lab volunteers participated. event intended to bring out the student's experiences on different types of friendships. The discussion brought about different opinions on various friend groups, their personal opinions and collective efforts they have taken as well.
- I. Funding if any: (Mention the name of the funding agency and amount received) :** NA



J. Annexures:
i. List of Participants

SIES COLLEGE OF ARTS, SCIENCE AND COMMERCE
 ATTENDANCE SHEET

Sl. No.	Name	Roll No.	Sl. No.	Name	Roll No.
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ii. Photographs (Geotagged)



Report Prepared by: Dr. Kamala Srinivas

Signature: *Kamala*



Uma
 Signature of HOD

Name: Dr. Uma Shankar
 Department: Philosophy
 Designation: Principal



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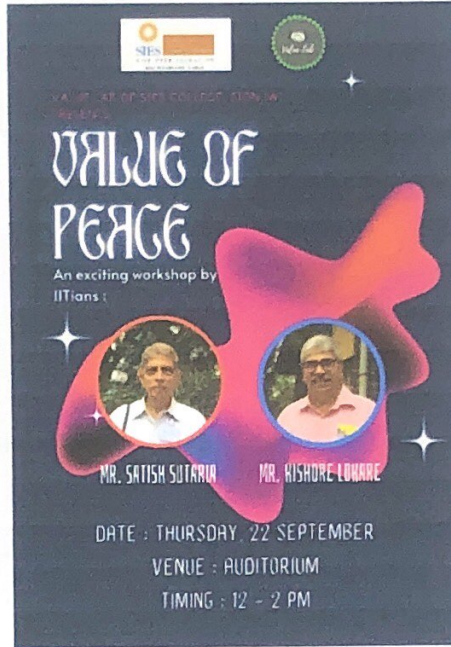
Name of the Department

- A. Title of the Workshop/Activity:** Workshop on 'Value of peace'.
- B. Background:** To explain the importance of peace to take better decisions and enhance concentration ability of students.
- C. Aims/Objectives:** To help the students to be mentally and physically fit and improve efficiency in handling daily affairs of life.
- D. Location:** Mini auditorium, SIES College of Arts, Science and Commerce. Sion West.
- E. Target audience/participants with expected number:** Students from all courses. (Number-50).
- F. Date of the activity:** 22-09-2022
- G. Name of Resource Persons:** Mr Satish Sutaria and Mr Kishore Lokre, IoFC, Panchgani.
- H. Outcome/Feedback:** 16 student participants and 20 Value lab volunteers were present. Received excellent feedback from the students and volunteers. The session helped the audience to understand the value of peace.
- I. Funding if any: (Mention the name of the funding agency and amount received):** NA



J. Annexures:

i. Event Flyer & List of Participants



Participants

Value of Peace
SIES COLLEGE OF ARTS, SCIENCE AND COMMERCE
SIES (W) STY, MUMBAI - 400 022
Work: Sustainability Stream
ATTENDANCE SHEET

Class: _____ Date: _____ Time: _____ Subject: _____

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Volunteers

Roll No.	Signature	Roll No.	Signature	Roll No.	Signature
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117	[Signature]	133	[Signature]	150	[Signature]

Signature of the Teacher
Date: 22/09/2022



ii. Photographs (Geotagged)



Report Prepared by: Dr. Kamala Srinivas

Signature: *Kamala*



Uma

Signature of HOD

Name: Dr. Uma Shankar
Department: Philosophy
Designation: Principal



College of Arts,
Science &
Commerce (Autonomous)

SIES

RISE WITH EDUCATION

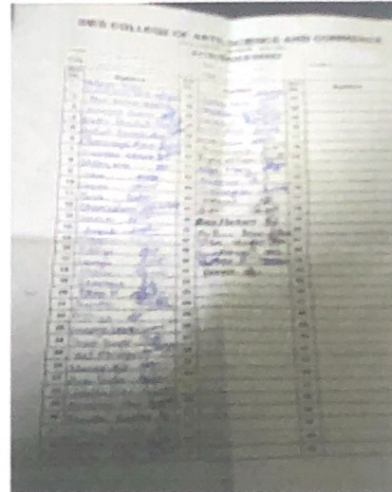
NAAC REACCREDITED - 'A' GRADE

Value Lab

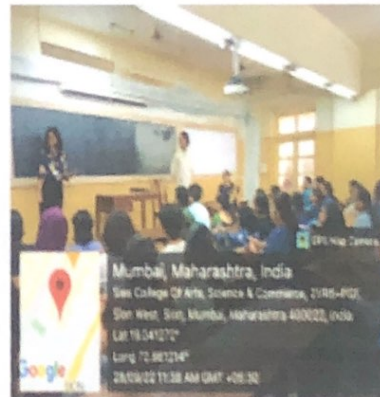
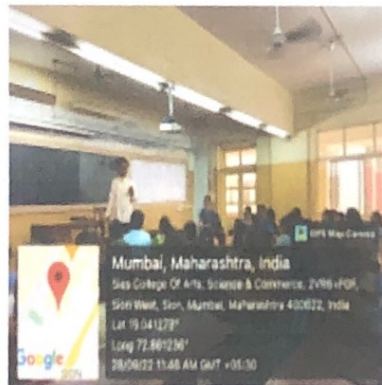
- A. **Title of the Workshop/Activity:** Guest lecture - Peace with Gender
- B. **Background:** The speaker Rizwan Choudhary, a member of The All-India Queer Association led the event and connected with the students. He is a social activist and freelance teacher. The speaker correlated peace with gender. Peace being the center of their words, he conducted activities focusing around the value.
- C. **Aims/Objectives:** The session aimed at inculcating peace in our lives by being at peace with their gender identity as well. It was a collaborative event with The Rainbow Alliance of Sies college.
- D. **Location:** Room no. 11. SIES College of Arts, Science and Commerce. Sion west.
- E. **Target audience/participants with expected number:** Students from all courses (Number – 60)
- F. **Date of the activity:** 28th September, 2022
- G. **Name of Resource Persons:** Rizwan Choudhary
- H. **Outcome/Feedback:** 55 student participants and 4 value lab volunteers were present. All the students expect to have more collaborative events with The Rainbow Alliance. Their key takeaways from the event was to inculcate the value in their own lives and correlating peace with chaos. 100 percent of the people responded with positive feedback and would like to attend future events. They felt the time constraint regarding the event was a little binding but their overall experience about the event was pleasurable.
- I. **Funding if any: (Mention the name of the funding agency and amount received) :**NA

J. Annexures:

i. Event Flyer & List of Participants



ii. Photographs (Geotagged)



Report Prepared by: Anju James

Signature:



Signature of HOD

Name: Dr. Uma Shankar

Department: Philosophy

Designation: Principal



SIES

College of Arts,
Science &
Commerce (Autonomous)

RISE WITH EDUCATION

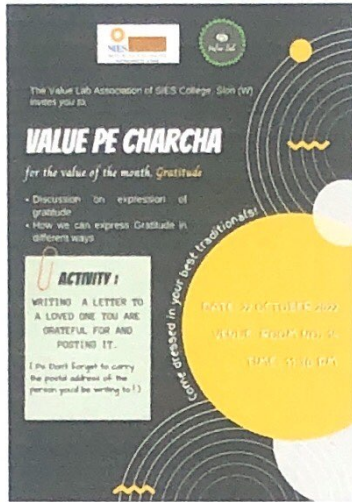
NAAC REACCREDITED - 'A' GRADE

Value Lab

- A. Title of the Workshop/Activity:** Value Pe Charcha, based on the value of the month - Gratitude
- B. Background:** Gratitude lies in the smallest of things in life. Postcards were distributed by the volunteers and the participants started writing a message that would reach their loved ones anywhere in India. Gratitude can be found in small things and writing it down on a postcard was an extremely sweet gesture. Feelings were being penned down on the postcards and posted to reach their unknowing special person.
- C. Aims/Objectives:** The aim of Value Lab is to discuss values in a fun and engaging manner. This event involved Value Pe Charcha and writing a postcard to someone the participants are grateful to.
- D. Location:** Room no. 14, SIES College of Arts, Science and Commerce. Sion west.
- E. Target audience/participants with expected number:** Students from all courses (Number – 30)
- F. Date of the activity:** 22nd October, 2022
- G. Name of Resource Persons:** NA
- H. Outcome/Feedback:** 28 student participants were present. The students expressed their gratitude to different persons and things. The key takeaways were, that gratitude lies in the little things in life and one should take out time to know what one is grateful for. 100 percent of the participants responded with positive feedback and would like to attend the future events conducted by Value Lab.
- I. Funding if any: (Mention the name of the funding agency and amount received) :**
NA

J. Annexures:

i. Event Flyer & List of Participants



ATTENDANCE SHEET

Date: 22/10/2022 Time: 11:54 AM

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ii. Photographs (Geotagged)



Report Prepared by: Anju James

Signature:



Signature of HOD

Name: Dr. Uma Shankar

Department: Philosophy

Designation: Principal



College of Arts,
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SIES

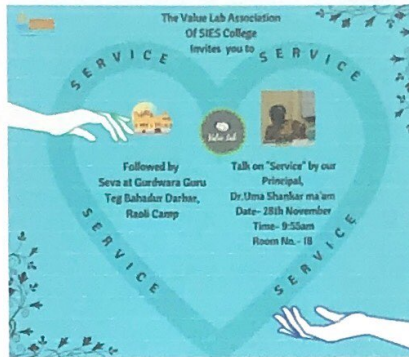
RISE WITH EDUCATION

NAAC REACCREDITED - 'A' GRADE

Value Lab

- A. Title of the Workshop/Activity:** Guest lecture on Service.
- B. Background:** The Value for the month November was Service. The word service is understood as the action of helping or doing work for someone. However, if you view the word service as a value, it can be interpreted in several ways.
- C. Aims/Objectives:** “Value is not a choice, it’s an opportunity.” – Dr Uma Shankar. To enlighten the students regarding the value of service, the principal of SIES college was invited by the value lab to give a talk.
- D. Location:** Room no. 18, SIES College of Arts, Science and Commerce. Sion west.
- E. Target audience/participants with expected number:** Students from all courses
(Number – 30)
- F. Date of the activity:** 28th November, 2022
- G. Name of Resource Persons:** Dr. Uma Shankar
- H. Outcome/Feedback:** Student Participants volunteered to Seva (Service) in nearby Gurudwara. The feedback form was circulated on the 28th November. The analysis shows that the students who attended the talk were 20% from FYBA, 40% from SYBA, 30% from TYBA, 5% from TYBMS and 5% from TYBSC. When questioned about how relevant was the event as regard to the value of service, 75% of the responses rated 10/10.
- I. Funding if any: (Mention the name of the funding agency and amount received) :**
NA

J. Annexures:
i. List of Participants



28th November 2022. VALUE LAB ASSOCIATION
 Value of the Association - SERVICE
 SIES COLLEGE OF ARTS, SCIENCE AND COMMERCE
 (Autonomous, Affiliated to SIES Group of Institutions)
 ATTENDANCE SHEET

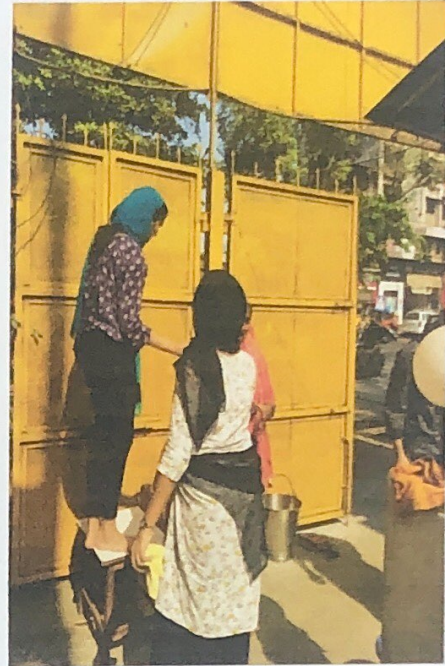
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SIES COLLEGE OF ARTS, SCIENCE AND COMMERCE
 (Autonomous, Affiliated to SIES Group of Institutions)
 ATTENDANCE SHEET

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ii. Photographs (Geotagged)

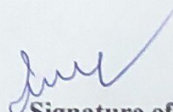




Report Prepared by: Anju James

Signature: 




Signature of HOD

Name: Dr. Uma Shankar

Department: Philosophy

Designation: Principal